

SELFIES

MATERIALS |

camera

OPTIONAL: printer

OBJECTIVES | The objectives of this activity are for participants to learn more about the lives and backgrounds of others, to practice deep listening, and to build meaningful trusting relationships with each other.

FACILITATOR INSTRUCTIONS |

Using cell phones or other technological devices have each student take a “selfie” (a picture of themselves) that they think represents who they are.

Each student should then write a blurb that captures who they are in four sentences or less. You may pose the following prompt questions:

- What do you wish people knew about you?
- If you had to tell someone who you are, what would you say?
- Why do you think this picture captures who you are?
- What has made you who you are?
- What is important about you that people can't tell just from looking at you?

Have students share their picture and their blurb in a group of 3-5.

DEBRIEF QUESTIONS |

- How did it feel to do this activity?
- What did you like about it?
- What did you learn about yourself?
- What did you learn about your classmates?



SUPPORTING MEDIA |

<https://www.michiganlearning.org/sharing-who-we-are/>

NOTES |

OPTIONAL: Print pictures and post them in the classroom with blurbs.

Consider how this activity will best work in terms of technology. Keep in mind this activity may reveal economic inequalities among students (those who have phones and those who do not) that you should be prepared to navigate. You may want to have everyone take pictures using one of your devices.