## My Mood Song

## *Extra Credit* Episode 202: Mental Health Segment: Sounds of Emotion (15:44-26:01)

**Directions:** Find a song by a popular artist that you like to listen to when you are in a certain mood. Follow the class guidelines for which type of music and lyrics are appropriate.

Song Title:

Artist:

Copy the URL to the song here so we can listen to it:

When do you listen to this song? How does it make you feel?

Copy the lyrics or a portion of the lyrics which are most meaningful to you here.